

Working Class Acupuncture – Safety Measures for Re-Opening

Limitations to Schedule to decrease caseload volume and maximize social distancing:

- Decrease capacity to decrease caseload and reduce number of people in building
https://www.oregon.gov/omb/Topics-of-Interest/Documents/Restarting%20Medical%20and%20Dental%20Office-Based%20Non-Emergency%20and%20Elective%20Procedures_FINAL.pdf (page 2 section 2a)
 - Prior to closure, up to 8 patients per hour with 10 minute appointment increments plus squeezes.
 - Re-opening with limit of 4-6 patients per hour with coffee breaks determined by staff comfort levels.

Increase physical spacing of chairs in treatment room (Social Distancing Procedures)

- Re-opening with recliner chairs in treatment room spaced 6+ feet apart
<https://www.cdc.gov/coronavirus/2019-ncov/infection-control/control-recommendations.html>
- Decrease reception area volume and lingering by suspending service to walk-in patients and requiring an appointment..
<https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2342F.pdf> page 2 bullet point 5

Wellness screening and Hygiene (Source Control & Entrance Screening Procedures)

- Punks will practice excellent hand hygiene – hand washing with soap & water for 20 seconds between patients as well as used of alcohol based hand sanitizer when needed
<https://www.cdc.gov/coronavirus/2019-ncov/hcp/hand-hygiene.html>
- Patients required to use hand sanitizer upon enter the clinic (or washing hands with soap and water if preferred) and are encouraged to used good respiratory hygiene practices. Facial tissues will be available to assist in proper cough hygiene.
<https://www.cdc.gov/coronavirus/2019-ncov/hcp/hand-hygiene.html>
- Punks will not report to work/cancel all appointments if any sign of illness (fever, respiratory symptoms, etc). and we will not allow the employee to return to work until at least 72 hours after fever and other symptoms have resolved without medication.
<https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2342F.pdf> page 2 bullet point 3
- Temperatures may be taken before each appointment at practitioners discretion. Patients may be denied service if their temperature is above 100.3.
<https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2342F.pdf> page 2 bullet point 1
- COVID-19 screening questions asked for all patients entering clinic and prior to checking in for appointment. If any red flags will ask patient to leave and reschedule when well. Document results of COVID-19 screening in medical record.
https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Finfection-control%2Fcontrol-recommendations.html

Use of Personal Protective Equipment (PPE)

- Ensure all sinks in the workplace have soap and paper towels available.
<https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2342F.pdf> Page 3 bullet point 14
- Each WCA location will ensure a 2 weeks supply of surgical masks is on hand
https://www.oregon.gov/omb/Topics-of-Interest/Documents/Restarting%20Medical%20and%20Dental%20Office-Based%20Non-Emergency%20and%20Elective%20Procedures_FINAL.pdf (Page 2 Section 1a)
- Punks will wear a surgical mask or cloth face covering during all patient interactions
<https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html> (recommendation 1 bullet point 3)
- All patients to wear masks for the duration of time they are in the clinic (if they cannot bring their own, a single-use mask will be provided)
<https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html> (recommendation 1 bullet point 2)
- Dirty laundry will be kept in sealable, airtight containers separate from clean laundry, and handled by gloved staff <https://www.cdc.gov/hai/prevent/resource-limited/laundry.html>

Environmental modifications (Disinfection Procedures)

- Online “No Contact” payment is now available and is encouraged
- Single use (paper) new patient forms now being used instead of reusable laminated forms. New patient paperwork is encouraged online.
- Use of clipboards/pens that can be sanitized (keep sanitized and used pens separate)
- All chair coverings, lap blankets, and cloth masks will be laundered after each use
<https://www.cdc.gov/hai/prevent/resource-limited/laundry.html>
- Clean lap blankets, bolsters, and blankets for covering recliners will be stored away from patients and only to be handled by punks.
- Continue frequent cleaning/sanitizing of frequently touched surfaces in clinic (door knobs, light switches, tables, bathroom, etc) *See Checklists for disinfectant after every patient/ daily/ weekly; laundry procedures*
<https://www.cdc.gov/mmwr/preview/mmwrhtml/rr5210a1.htm> (Recommendations – Environmental Services)

Accidental exposure plan (if someone coughs or sneezes in your face)

- Immediately wash your face and hands for 45 seconds and change your clothes
- Report the incident to the clinic manager, file an incident report with the date/time, patient’s initials, and a description of the circumstance.
- Follow the [CDC recommendation](#) of 14 day self-quarantine. You may report back to work after 14 days if asymptomatic.
- If you become symptomatic, then follow [CDC isolation guidelines](#) and return to work
 - At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory

- symptoms (e.g., cough, shortness of breath); and at least 10 days have passed since symptoms first appeared
- OR Negative results of an FDA Emergency Use Authorized COVID-19 molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive respiratory specimens collected ≥ 24 hours apart (total of two negative specimens)

Sources

- **Oregon Health Authority** <https://sharesystems.dhsoha.state.or.us/DHSForms/Served/le2342F.pdf>
- **CDC** <https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html>
- **CCAOM** [https://www.ccaom.org/images/ccaom/Documents/COVID-19/CCAOM%20Clinic%20Infection%20Control%20Advisory%20\(Updated%204.30.2020\).pdf?fbclid=IwAR04iTqWfuRaLz5KOi9pNA3xgg_E2kJ2PNYgMfeE3UMha92MerloSBFuDGw](https://www.ccaom.org/images/ccaom/Documents/COVID-19/CCAOM%20Clinic%20Infection%20Control%20Advisory%20(Updated%204.30.2020).pdf?fbclid=IwAR04iTqWfuRaLz5KOi9pNA3xgg_E2kJ2PNYgMfeE3UMha92MerloSBFuDGw)